

LutherCare Light



A SAFE AND CARING CONTINUUM OF LIVING™ FOR THOSE WE SERVE

FALL 2026

THIS ISSUE:

Message from our CEO

Spiritual Care Corner

Meet David and Linda Brown

Every Step Builds Care Campaign



Vision:

A safe and caring Continuum of Living™ for those we serve.

Mission:

To provide excellence in care, shelter, and support in a caring Christian environment for all entrusted to our care.

Values:



Compassionate Care



Excellence in Serving



Inclusion and Belonging



Integrity

1200



Residents and Clients

1



LutherCare Foundation

600+



Team Members

555

Suites



Independent Living

Luther Heights
Luther Riverside Terrace
Luther Tower
Luther Place Outlook
Trinity Tower

50

Beds



Intermediate Care

Luther Heights ICH
Luther Riverside Terrace ICH
Luther Tower ICH

126

Beds



Long Term Care

Luther Special Care Home

30

Units



Mult-Family Living

Luther Family Housing

13

Locations



Group Living Communities

13 Group Homes
in Saskatoon

3

Internal Services



Mission & Spiritual Care

Spiritual Care
Advocate Services
Ethics Program

3

Support Services



Home Support

Home Help
Wellness
Footcare

2

Day Programs



External Seniors Programming

Seniors Centre
Community Day Program

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foundation@luthercare.com.



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A MESSAGE FROM OUR CEO

At LutherCare Communities, our mission is rooted in compassionate care. Every day, we strive to provide not just housing or health services, but a true sense of home, belonging, and dignity for every person entrusted to our care. That commitment is made possible through the dedication of our team members, volunteers, partners, and the generosity of donors who believe in what we do.

When people think about care, they often think of nursing support or assistance with daily living. While those services are essential, caring for residents means much more. It means creating opportunities for connection, purpose, spiritual well-being, recreation, and community. It means helping someone maintain their independence, supporting families through difficult transitions, or simply providing a welcoming space where residents can enjoy meaningful relationships and activities.

Many of the programs, services, and enhancements that enrich the lives of residents are made possible through donations to the LutherCare Foundation. Gifts from donors help bridge the gap between basic funding and the experiences that truly elevate quality of life. Whether supporting recreation programs, spiritual care services, specialized equipment, or resident assistance programs, donor contributions have a direct and lasting impact on those we serve.

Perhaps most importantly, donations allow us to respond to evolving needs with compassion and flexibility. They help us provide supports that may not otherwise be available, ensuring residents have opportunities to live with dignity, comfort, and purpose. Every contribution, regardless of size, becomes part of a larger story of care and community.

As we look to the future, we remain committed to excellence in serving, inclusion and belonging, organizational stewardship, and enhancing quality of living for all who call LutherCare home. We know we cannot do this work alone. The support of donors, volunteers, families, and community partners strengthens our ability to create caring environments where people feel valued and supported throughout every stage of life.

On behalf of everyone at LutherCare Communities, thank you for helping us continue this important work. Your generosity makes a difference every day, and together, we are building communities where care, compassion, and hope thrive.

- Gabe Lafond

Chief Executive Officer, LutherCare Communities

Spiritual Care Corner

Travelling at Three Miles an Hour

by Pastor Renita Falkenstern,
Chaplain to Luther Riverside Terrace and Luther Senior Centre

The world is speeding up exponentially. Artificial Intelligence (AI) will increase the speed of change at a pace we cannot imagine. Although the prophets of AI promise utopia, many of us are increasingly skeptical as we hear of job layoffs, the impact on the natural environment, misinformation or deep fakes, and losing our ability to think creatively and critically. With the advance of chatbot companions, the ability to have authentic human relationships and face-to-face conversations is also increasingly at risk.

Jesus provides a surprisingly simple solution: go to a quiet room and pray. Where else can we escape the algorithms seeking to colonize our hearts and minds? Prayer (including meditation and mindfulness) is low tech and does not require a bunker. It is accessible to everyone. All you need is a quiet space to pray, away from your phone, with the God who created you and who is still speaking. The inner room of prayer is a free and sacred space within each one of us where we can commune with the divine.

Prayer is also a way of noticing and being present in the midst of our everyday activities. In his book, *Three Mile an Hour God*, Japanese Theologian Kosuke Koyama observed that Jesus, who was fully man and fully God, loved people at the pace of three miles per hour. He writes:



Pastor Renita Falkenstern, (Staff Photo).

“Love has its speed. It is a spiritual speed. It is a different kind of speed from the technological speed to which we are accustomed. It goes on in the depth of our life, whether we notice or not, at three miles an hour. It is the speed we walk and therefore the speed the love of God walks.”¹

Let us walk with Jesus at the pace of three miles an hour. Let us notice our feathered friends and the quality of the sunlight through the trees, the crunching sound of our footsteps on the fallen leaves, the aroma of coffee in our cup, the sweetness of an apple, the smile breaking out over our neighbour’s face, as we sit together at the table, having a conversation. 🌿

¹ Koyama, Kosuke. *Three Mile an Hour God: Biblical Reflections*. Maryknoll, NY: Orbis Books, 1980.

LutherCare’s Spiritual Care Team



Rev. Heather Anderson



Rev. Lori James



Rev. Íris Kristjánsdóttir



Rev. Deborah Ferber

"We promised each other many, many years ago that we'd look after each other."



The Brown Family: Linda (left) and David Brown (right) in Victoria. (Supplied Photo).

Meet David & Linda Brown Every Day Together

For more than 54 years, David and Linda Brown have shared a life built on partnership, creativity, and commitment. Together, they operated David Brown Photography, a successful photography business where David worked behind the camera and Linda brought images to life through her artistic retouching work. As photography evolved from film to digital, they adapted together, building a career that also included teaching future photographers and volunteering in their community.



Linda in Arizona enjoying a walk. (Supplied photos).

Retirement brought opportunities to travel. The Browns spent winters exploring Arizona, California, and Vancouver Island, creating new memories after decades of working together. But as Linda's dementia progressed, their lives began to change. What started as small signs gradually became more challenging, and David found himself stepping away from teaching, volunteering, and professional commitments to become Linda's full-time caregiver.

Their first connection with LutherCare began through the Community Day Program at Luther Senior Centre, which helped ease Linda into spending time independently while providing support for both of them. While the transition was not easy, the program offered guidance, encouragement, and an introduction to a community of caring professionals.

When David experienced a heart attack, he realized he could no longer safely care for both himself and Linda on his own. Making

the decision to move Linda into full-time care was, in his words, "probably the most difficult decision I've ever made."

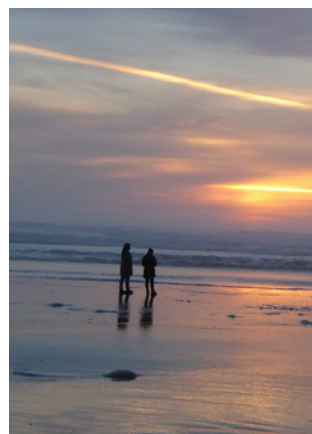
Like many spouses and caregivers, David wrestled with feelings of guilt.

"I felt very guilty bringing her here," he admits. "But I know now that it was the right thing to do."

Today, Linda lives in Luther Heights Intermediate Care Home where she receives support from a dedicated team. David visits every day. Together they go for walks, work on puzzles, colour, and spend quiet moments reading picture books about Saskatchewan. Although much has changed over the years, their time together remains at the center of both of their lives.

What gives David confidence that Linda is in a good place is the people.

"The ladies here are very caring," he says. "You have a team here to help support you."



Left: Linda and David in Arizona. Middle: Linda and David in Tofino. Right: Linda reading to their grandson. (Supplied photos).

Linda has always loved walking. The team makes sure she continues to enjoy that simple pleasure taking her on daily walks outdoors or strolls through the hallways. Participation in recreation programs also provides variety into her day with various activities, engagement, and connection.

For David, having that support has provided peace of mind during an incredibly difficult chapter. While he still worries about Linda, knowing she is cared for has allowed him to maintain his home, focus on his own health, and continue being the husband she relies on.

What stood out most when David was searching for care was not luxury or amenities. "Just loving care for her," he says. He found exactly that at LutherCare Communities.

David describes the home as smaller, friendly, and welcoming. He appreciates the home-like atmosphere, where meals are prepared on site and team members take time to ensure residents are comfortable, cared for, and treated with dignity.

Most of all, he is grateful that Linda is never alone.

"When I had my heart attack, that was a big concern," David says. "If I'm not going to be here, who's going to look after her?"

While those worries never disappear completely, there is comfort in knowing Linda is cared for by a dedicated team who know her, support her, and help her thrive.

Your support helps make programs such as recreation, advocate services, therapy, social work, and community-based activities possible for residents like Linda and families like the Browns. These services provide more than care. They offer companionship, purpose, dignity, and support for people navigating some of life's most challenging transitions.

When asked why people should support LutherCare, David's answer is simple.

"I think donating is really important," he says. "People that haven't got the wherewithal to look after their loved ones can take advantage of a place like this."

His words reflect the impact your support has every day across LutherCare Communities. Gifts to the LutherCare Foundation help enhance programs, services, and experiences that support residents and families through every stage of their journey.

For families like the Browns, that support provides something priceless: the comfort of knowing they do not have to walk the path alone. 



Every Step Builds Care

Your generosity strengthens every step

Does my gift really make a difference? It is not unusual to hear this question. You may have asked yourself the same one. The short answer is yes; your gift does make a difference. Now more so than ever.

Think of this heartfelt note, received with a donation:

"I know this is not a lot of money. I'm on a fixed income. But if I had a million dollars, I would give it all to your organization because you are making such a difference. This is all I have to give today. Thank you for allowing me to support your good work."

These words are both humbling and inspiring because they are a reminder that every gift, no matter the size, helps build care.

You see, care is not a single service at LutherCare Communities. It is a journey, supported by many interconnected programs helping residents and participants live with dignity, purpose, and belonging. Advocate Services help individuals navigate challenges and access support. Therapy promotes physical and mental well-being. Spiritual Care nurtures hope and meaning. Recreation encourages engagement and connection. Social Work helps people access resources and maintain important relationships.

Each of these programs are an essential step in care.

Through the **Every Step Builds Care** campaign, your donation sustains these vital services across LutherCare Communities. Together, you will improve mental and physical health, support cognitive well-being, strengthen social connections, and enhance quality of life. It reflects the values that guide us every day: compassionate care, excellence in serving, inclusion and belonging, and integrity.

This year, your generosity will go twice as far and have twice the impact.

Thanks to the generosity of an anonymous donor, all individual gifts made between now and December 31, 2026, will be matched dollar for dollar, up to a total of \$75,000!

That means:

A \$50 gift becomes \$100

A \$100 gift becomes \$200

A \$500 gift becomes \$1,000

Your donation goes twice as far supporting advocacy, therapy, spiritual care, recreation, and social work. You are strengthening a vital step in a resident's care journey.

These programs all matter. Your gift matters. And when these steps all come together, they create compassionate, person-centred care that LutherCare residents and participants rely on every day.

Please give generously today because together, **Every Step Builds Care.** 🌿



Updates thanks to your generosity: audio/video equipment for multipurpose room (top-left), outdoor seating area (top-right), sensory carts (middle-left), lifts and ceiling tracks (middle-right), towel warmer (bottom-left), ARJO lift (bottom-middle), new furniture (bottom-right).



**Our Mission is to provide excellence in care, shelter,
and support in a caring Christian environment for
all entrusted to our care.**

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Chief Executive Officer

Richard Lungal
Chief Financial Officer

Kim McKechney
Chief Operating Officer

Laura Hunter
Chief People Officer

Operational Leadership Team

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Director of Care

Jill Henry
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